

## **Dharma Devi Bio:**

Dharma Devi (Simona) is a long time experienced Yoga Teacher and practitioner.

Dancer and healer all her life. Anthropologist and Expert of history of Theater and Dance. Expert in Art therapy, and vibrational Art.

Expert and worldwide renown Yoga teacher Energy Healer and Dancer. Founder creator of Kundalini Rhythms™

Dharma has devoted her life to share what she learned from spiritual teachers all over the world and from many different cultures.

Dharma is originally from Italy, and she moved to the U.S. just seven years ago. However, Dharma Devi has a long list of countries that she visited and lived, among which there is India.

She spent quite a bit of her younger time in Delhi and Mysore, where she studied Bharathanatyam and Katak, which are two of the forms of Indian Classical Dance. During her study in India Dharma had the privilege to meet and practice with one of the oldest Gurus of this incredibly profound form of Art of Bharathanatyam. Study with the elderly is a great privilege for an Indian, it is even a higher opportunity for a western young woman. This experience has profoundly signed dharma Devi, and she brings it into her heart with respect and devotion.

In India Dharma also studied with Swami Brahma, who taught her some fascinating secret and ancient mystic yoga techniques that have inspired her practice and teaching since then.

Dharma has recently made a significant change to her professional and personal life, and she turned the corner of a very profound journey she was induced to start by external events that have deeply shaken her away from the comfort zone she was in and led her to discover and uncover the real potential hidden within herself.

Now, Dharma wants to share this journey with all women willing to go a step further and deeper into discovering their real potential

and transform it into real manifesting power. We create every single moment of our life, but unfortunately often we have not idea we are building what we are living. Dharma will share with your healing and transformative techniques to become the creator of your reality and life entirely.

Dharma is a master of pulling you out your comfort zone, and if you can handle the challenge, then you'll learn the feeling of being thoroughly creative and aware of what you are manifesting so that you will be entirely in charge of changing what you think needs to change.

Dharma Devi has over ten thousand hours of teaching experience all over the globe. She has been inspiring souls for over 20 years, and she is well known for being fully empowering, provocative, at time confrontational and yet supporting and present as you need presence as you go through your experience and transformation.

Dharma Devi practices yoga since childhood, and she conducts Yoga Teacher Training program in the U.S., Energy Healing program, and she is the founder creator of Kundalini Rhythms™, she is an Anthropologist of Performance, and she specifically specialized in the history of theater and dance from all over the world.